

BACK IN LINE FAMILY CHIROPRACTIC & WELLNESS

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the

www.mybackinline.com

REMODEL

MARCH – APRIL 2011



We're Updating!

Please bear with us during the next few weeks as you'll notice a few updates and changes at Back in Line. We hope to be done with the majority of the updates by April 28 just in time for our Ladies Night of Indulgence. We are moving the reception room and creating a new desk space for Julie and to help make checking in and checking out of Back in Line an easier process. We are also updating the fitness room and will add a new rubber matted floor and creating a WELLNESS ZONE where our patients will be able to do a Ion Foot Detox or receive acupuncture in a nice relaxing environment. We are also creating three evenly spaced treatment rooms chiropractic care and soft tissue work with ART or Graston. The updates are to help with patient transition and to make our office more efficient.

THINK SPRING!

As spring approaches, don't let allergies get the best of you, let chiropractic care help fight off and reduce allergy-induced headaches and stuffy sinuses. Call Julie to schedule you and your family.

Have questions for Dr. CJ, email her at drcj@mybackinline.com

New Anti-Aging product, check out the link below. We'll sell you're your frist bottle at cost. Email Dr. CJ if you would like more studies and reseach that supports protandim.
<http://www.mylifevantage.com/mybackinline/default.aspx>

Save the Date!

March-April

REMODEL

Temporary
scheduling delays
due to the BIL
remodel

**Mondays in
March**

Silver Years

Fitness Classes
from 9:30-10:30am
at the Hiawatha
Community Center

April 28

Ladies Night

5:30pm-8:30pm –
great night planned
to celebrate women
and our health!

